

2<sup>nd</sup> edition



# BECOME A BARIATRIC AND METABOLIC SURGEON

FULL IMMERSION FOR YOUNG SURGEONS

**February 26<sup>th</sup> - 27<sup>th</sup> - 28<sup>th</sup>, 2025**

Center of Biotechnologies  
"Antonio Cardarelli" Hospital  
*Naples, Italy*

Directors *Sonja Chiappetta - Vincenzo Bottino*

Honorary Presidents *Christine Stier - Rudolf Weiner*



# COURSE PRESENTATION

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*Bariatric and metabolic surgery has become a prominent subspecialty among general surgeons and has proved its safety, efficacy, and durability for the treatment of severe to moderate obesity and its comorbidities worldwide. However, this specialty necessitates years of committed training in experienced centers to yield optimal outcomes. Surgical complications can occur due to a lack of standardization in global education and training. Globally, training and education options in the bariatric and metabolic surgery field are highly variable, and expectations and resources differ among young surgeons (1).*

*An international experts' survey performed by Young-IFSO in 2023, including 240 respondents from 61 countries, underlined the lack of a standardized global surgical curriculum of bariatric and metabolic surgery during residency.*

*Therefore, the Young-IFSO Board started in 2024 this “Become a Bariatric and Metabolic Surgeon” series, to give young surgeons the opportunity for a global and practical education to treat obesity in the best way.*

*The aim of this laparoscopic Animal Lab is to advance surgical education with a mentor-trainee system and to supervise young surgeons regarding the primary bariatric and metabolic surgeries Sleeve – RYGB – OAGB. Surgical tips and tricks will be passed on by experts in a face-to-face scenario.*

*In a second day parkour we will concentrate on robotic training and on endoscopy training including primary obesity treatment with endoscopic sleeve gastropasty and endoscopic complication management.*

*Since Enhanced Recovery after Bariatric Surgery (ERABS) and scientific work are of most importance around bariatric and metabolic surgery, we included a practical hands-on part on both arguments.*

Sonja Chiappetta, Vincenzo Bottino

1. Felsenreich DM, Yang W, Taskin HE, Abdelbaki T, Shahabi S, Zakeri R, Talishinskiy T, Gero D, Neimark A, Chiappetta S; Young IFSO Collaborative Group. Young-IFSO Bariatric/Metabolic Surgery Training and Education Survey. *Obes Surg.* 2023 Sep;33(9):2816-2830. doi: 10.1007/s11695-023-06751-8. Epub 2023 Jul 28. PMID: 37505341).

## OBJECTIVE

- *To provide laparoscopic and robotic hands-on experience in bowel anastomosis, stapling techniques, and intracorporeal suturing.*
- *To familiarize with key principles and techniques in common bariatric procedures.*
- *To gain new knowledge regarding endoscopic bariatric therapy and complication management.*
- *To learn perioperative management applying ERABS.*
- *To learn how to interpretate scientific work and how to conduct a clinical study.*



**FEBRUARY 26**

**2<sup>nd</sup> edition**

**10:00 am - 03:00 pm FULL IMMERSION DRY LAB**  
J&J Session (Not CME accredited)

**03:00 pm - 05:00 pm COURSE INTRODUCTION**

Welcome Addresses - Management A.O.R.N. Cardarelli  
*A. D'Amore/M. Mensorio/M. Cappiello*

Welcome Introduction Ospedale Evangelico Betania  
*V. Bottino*

IFSO and Young-IFSO Welcome  
*D. M. Felsenreich/ N. Di Lorenzo*

*Results of the Young - IFSO Surveys*  
*D. M. Felsenreich*

SICOB and Next Generation SICOB Welcome  
*P. Calabrese/G. Navarra /M. De Luca*

Become a Bariatric and Metabolic Surgeon  
*S. Chiappetta*

History of Bariatric and Metabolic Surgery and anatomy of the porcine model  
*R. Weiner*

History of Bariatric Endoscopy  
*C. Stier*

*The Italian Education Program for Bariatric Endoscopy*  
*G. Navarra*

History, presence and future of Robotic Bariatric Surgery  
*M. Raffaelli*

## FACE TO FACE EDUCATION AND PERFORMANCE CONTEST DURING THE COURSE

### FEBRUARY 27

**08:30 am** Breakfast Symposium Sponsored by Medtronic (Not CME accredited)  
The Journey of Innovation: How Products and Solutions Evolve

**09:00 am** Moderator: *V. Pilone*  
Enhanced Recovery after Bariatric Surgery (ERABS)  
*G. Marinari*

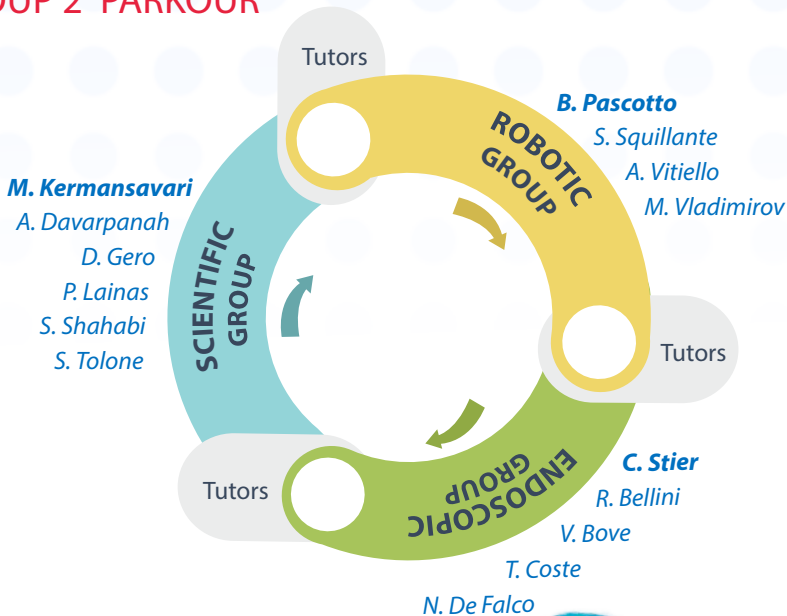
**09:30 am - 04:30 pm PRACTICAL PART**

#### GROUP 1 ANIMAL LAB

**Laparoscopic animal lab with Live registration**

**Tutors:** *G. Berardi, A. Bosco, P. Calabrese, K. Dolezalova, M. Elsayed Nagy, D.M. Felsenreich, A. Iossa, E. Napolitano, A. Neimark, E. Ruiz Ucar, R. Zakeri*

#### GROUP 2 PARKOUR



- 01.30 pm Supplementation in metabolic and bariatric surgery  
*E. Aarts*
- 02.00 pm Lunch buffet
- 04.30 pm Moderator: *C. Giardiello*  
Implementation of a multidisciplinary team in metabolic and bariatric surgery  
*U. Bardi*  
  
Discussant  
*M. Rice, A. Salzano*
- 05.00 pm Closure of the day



# FEBRUARY 28

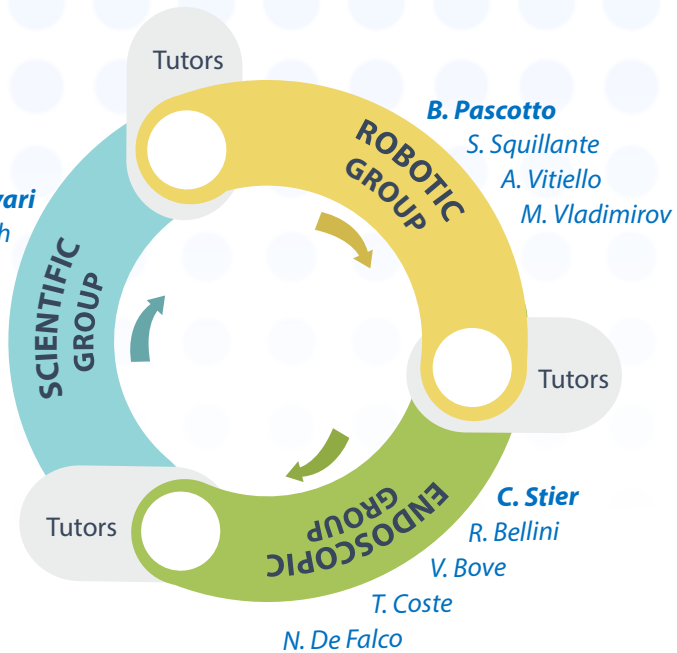
08:30am Moderator: *L. Docimo*  
IFSO-EC Grade-Based Guidelines on the Surgical Treatment  
of Obesity Using Multimodal Strategies  
*M. De Luca*

09:00am The role of Obesity Management Medications in metabolic and  
bariatric surgery  
*M. Musella*

09:30 am - 04:30 pm **PRACTICAL PART**

## GROUP 1      PARKOUR

**M. Kermansavari**  
*A. Davarpanah*  
*D. Gero*  
*P. Lainas*  
*S. Shahabi*  
*S. Tolone*



## GROUP 2 ANIMAL LAB

### Laparoscopic animal lab with Live registration













**Tutors:** *G. Berardi, A. Bosco, P. Calabrese, K. Dolezalova, M. Elsayed Nagy, D. M. Felsenreich, A. Iossa, E. Napolitano, A. Neimark, E. Ruiz Ucar, R. Zakeri*

- 01.30 pm Lunch Lecture  
Intelligent Technologies for your Bariatric procedures  
*S. Floscoli*  
Expert: *L. Angrisani*
- 04.30 pm Premiation and evaluation of the Course
- 05:00 pm Closing Remarks



# FACULTY

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-  Aarts Edo *Netherland*
-  Angrisani Luigi *Italy*
-  Bardi Ugo *Italy*
-  Bellini Rosario *Italy*
-  Berardi Giovanna *Italy*
-  Bosco Alfonso *Italy*
-  Bottino Vincenzo *Italy*
-  Bove Vincenzo *Italy*
-  Calabrese Pietro *Italy*
-  Chiappetta Sonja *Italy*
-  Coste Thibaut *France*
-  Davarpanah Amir *Iran*
-  De Falco Nadia *Italy*
-  De Luca Maurizio *Italy*
-  Di Lorenzo Nicola *Italy*
-  Docimo Ludovico *Italy*
-  Dolezalova Karin *Czech Republic*
-  Elsayed Nagy Mostafa *Egypt*
-  Felsenreich Daniel Moritz *Austria*
-  Gero Daniel *Switzerland*
-  Giardiello Cristiano *Italy*
-  Iossa Angelo *Italy*
-  Kermansavari Mohammad *Iran*
-  Lainas Panagiotis *Greece*
-  Manno Emilio *Italy*
-  Marinari Giuseppe *Italy*
-  Musella Mario *Italy*
-  Napolitano Errichetta *Italy*
-  Navarra Giuseppe *Italy*
-  Neimark Aleksandr *Russia*
-  Pascotto Beniamino *Luxembourg*
-  Pilone Vincenzo *Italy*
-  Raffaelli Marco *Italy*
-  Rice Mark *Italy*
-  Ruiz Ucar Elena *Spain*
-  Salzano Antonio Maria *Italy*
-  Shahab Shahabi *Iran*
-  Squillante Simone *Italy*
-  Stier Christine *Germany*
-  Tolone Salvatore *Italy*
-  Vitiello Antonio *Italy*
-  Vladimirov Miljana *Germany*
-  Weiner Rudolf *Germany*
-  Zakeri Roxanna *UK*

# GENERAL INFORMATIONS

2<sup>nd</sup> edition

## EUROPEAN CME ACCREDITATION



EUROPEAN UNION OF MEDICAL SPECIALISTS (UEMS)  
EUROPEAN ACCREDITATION COUNCIL FOR CME (EACCME®)

The **BECOME A BARIATRIC AND METABOLIC SURGEON - FULL IMMERSION FOR YOUNG SURGEONS - 2nd Edition, NAPLES, Italy, 26/02/2025-28/02/2025** has been accredited by the European Accreditation Council for Continuing Medical Education (EACCME®) with **17.5 European CME credits** (ECMEC®s). Each medical specialist should claim only those hours of credit that he/she actually spent in the educational activity.

To obtain CME EUROPEAN CREDITS Credits, participants should fill an evaluation form which will be distributed at the end of the Course. Subsequently, the certificate of participation will be sent by email, including the number of credits obtained.

## ITALIAN ECM CREDITS - FOR ITALIAN PHYSICIANS ONLY

The course obtained n. **16 ECM** credits for the following professions: Medical Surgeon specialized in General Surgery, Plastic Surgery, Gastroenterology, Endocrinology, Metabolic diseases and Diabetology, Gynecology and Obstetrics, Internal Medicine, Anesthesiology. ECM credits will be assigned by the **Provider SICOB** (ID 5631) to all those who have attended for a minimum of 90% of the educational hours. Italian participants will need to sign in every day (26th, 27th, 28th February) at the entrance and at the exit and pass the ECM TEST online with 75% correct answers, within 3 days of the end of the course.

## REGISTRATION FEES (Surgeons and Residents)

### Early registration (until December 10, 2024)

IFSO member	€ 700
IFSO non member	€ 900
SICOB member	€ 700
SICOB non member	€ 900

### Late registration (from December 11, 2024)

IFSO member	€ 800
IFSO non member	€ 1000
SICOB member	€ 800
SICOB non member	€ 1000

## THE REGISTRATION FEE ENTITLES TO:

- Access to all sessions and exhibition area;
- Welcome coffee, lunch buffet and pizza dinner
- Certificate of attendance (PDF format);
- EACCME and Italian CME credits (in accordance with the relevant regulation)

# GENERAL INFORMATIONS

## COURSE VENUE

Centre of Biotechnologies “Antonio Cardarelli” Hospital - Building X  
Via A. Cardarelli, 9 – Naples (Italy)

## HOW TO REACH THE COURSE VENUE FROM THE AIRPORT

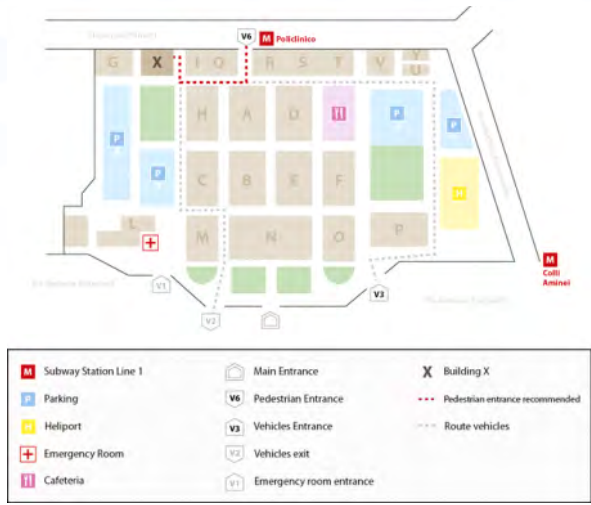
Naples has an International Airport called Capodichino. The Airport has good links to main European cities like London, Paris, Frankfurt, Munich and main Italian cities like Milan and Rome by direct flights. It is located at a 7 km from the city centre. To move from Capodichino International Airport or from the Central Train Station to Naples city centre, you can take the private bus named Alibus.

**FROM THE RAILWAY STATION:** From Naples Central Train Station, take the subway line 1 direction Piscinola. Stop at Policlinico station. Follow the signs for Cardarelli exit. It's the entrance V6 indicated in the map below. The Centre of Biotechnology is the last building (Pavillion X) on the left at the end of the street.

**BY CAR:** from the highway, procede on the ring road and take the exit “Zona Ospedaliera” direction Cardarelli. At the end of the ramp you will find at your right the car entrance of the hospital. You can leave your car in parking 1.

## BY TAXI SERVICE:

There are several taxi companies, easily reachable by calling at the following telephone numbers:  
 CONSORTAXI Tel. 0039 0812222 – TAXI NAPOLI Tel. 0039 0818888  
 LA PARTENOPE Tel. 0039 0810101 – LA 570 Tel. 0039 0815707070



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